

Mandarin Corner

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Survival Chinese - 30 Words to Express Feelings and Emotions With Sentence Examples

Introduction

Dàjiā hǎo! Huānyíng lái dào Mandarin Corner, wǒ shì Eileen.

大家好! 欢迎来到Mandarin Corner, 我是Eileen。

Hello, everyone! Welcome to Mandarin Corner, I am Eileen.

Nǐ néng yòng nǐ de mǔyǔ biǎodá bùtóng de gǎnshòu hé qíngxù ma?

你能用你的母语表达不同的感受和情绪吗?

Can you express different feelings and emotions in your mother language?

Wǒ xiāngxìn nǐ kěndìng méi wèntí.

我相信你肯定没问题。

I am sure you can!

Nà rúguǒ shì yòng zhōngwén ne?

那如果是用中文呢?

What about using Chinese to express the same things?

Zhè shì bùshì jiù yǒudiǎn nán le ne?

这是不是就有点难了呢?

It's a little difficult, right?

Méiguānxi!

没关系!

No problem!

Jīntiān de shìpín ne,

今天的视频呢,

In today's video,

nǐ jiāng huì xué dào 30 gè yòng lái biǎodá jīběn gǎnshòu hé qíngxù de cíhuì.

你将会学到30个用来表达基本感受和情绪的词汇。

you will learn 30 words that can help you express basic feelings and emotions in Chinese.

Shì bùshì hěn qīdài a?

是不是很期待啊?

Do you wanna do this?

Xiànzài wǒmen jiù kāishǐ ba!

现在我们就开始吧!

Let's get started!

Lesson

1.

pèifú

佩服

to admire

Měigerén dōu hěn pèifú xiāofángyuán de yǒngqì.

每个人都很佩服消防员的勇气。

Everybody admires firefighters' courage.

每个人	měigerén	everybody
-----	----------	-----------

都	dōu	all
---	-----	-----

很	hěn	very
---	-----	------

佩服	pèifú	to admire
----	-------	-----------

消防员	xiāofángyuán	firefighter
-----	--------------	-------------

的	de	of
---	----	----

勇气	yǒngqì	courage
----	--------	---------

2.

shēngqì

生气

to get angry

Tā cháng wúyuánwúgù shēngqì.

他常无缘无故生气。

He often gets angry over nothing.

他	tā	he or him
---	----	-----------

常	cháng	often
---	-------	-------

无缘无故	wúyuánwúgù	no cause, no reason (idiom)
------	------------	-----------------------------

生气	shēngqì	to get angry
----	---------	--------------

3.

tǎoyàn

讨厌

to dislike

Tā tǎoyàn jiābān.

他讨厌加班。

He hates working overtime.

他	tā	he or him
---	----	-----------

讨厌	tǎoyàn	to dislike / to loathe
----	--------	------------------------

加班	jiābān	to work overtime
----	--------	------------------

4.

shīwàng

失望

disappointed

Lǎoshī duì xuésheng men de chéngjī hěn shīwàng.

老师对学生们的成绩很失望。

The teacher is very disappointed with the students' grades.

老师	lǎoshī	teacher
对	duì	towards
学生	xuésheng	student
们	men	plural marker for pronouns
的	de	of
成绩	chéngjì	grades
很	hěn	very
失望	shīwàng	disappointed

5.

wúliáo

无聊

boring

Tā juéde zhège huìyì wúliáo jíle.

她觉得这个会议无聊极了。

She felt this meeting was very **boring**.

她	tā	she
觉得	juéde	to feel
这个	zhège	this
会议	huìyì	meeting
无聊	wúliáo	boring
极了	jíle	extremely

6.

jǔsàng

沮丧

to be disheartened

Tā juéde hěn **jǔsàng**, yīnwèi tā mǎibuqǐ zhè tiáo ángguì de qúnzi.

她觉得很**沮丧**，因为她买不起这条昂贵的裙子。

She feels very **disheartened** that she can't afford that expensive dress.

她	tā	she
觉得	juéde	to feel
很	hěn	very
沮丧	jǔsàng	disheartened
因为	yīnwèi	because
她	tā	she

买不起	mǎibuqǐ	can't afford buying
这	zhè	this
条	tiáo	classifier for long thin
昂贵	ángguì	expensive
的	de	used after an attribute
裙子	qúnzi	skirt / dress

7.

gūdú

孤独

lonely

Zhàngfu qùshì hòu, tā gǎndào fēicháng gūdú.

丈夫去世后，她感到非常孤独。

After her husband passed away, she feels very lonely.

丈夫	zhàngfu	husband
去世	qùshì	to pass away
后	hòu	after
她	tā	she
感到	gǎndào	to feel
非常	fēicháng	very
孤独	gūdú	lonely

8.

hòuhuǐ

后悔

to regret

Tā hòuhuǐ cuòguài le tā.

她后悔错怪了他。

She **regrets** having wrongly blamed him.

她

tā

she

后悔

hòuhuǐ

to regret

错怪

cuòguài

to blame sb wrongly

了

le

completed action marker

他

tā

he or him

9.

hàipà

害怕

to be scared

Xiǎo nǚhái fēicháng hàipà dǎzhēn.

小女孩非常害怕打针。

The little girl is very **scared of** getting injections.

小

xiǎo

young

女孩	nǚhái	girl
非常	fēicháng	very
害怕	hàipà	to be scared
打针	dǎzhēn	to give or have an injection

10.

dānxīn

担心

to worry

Tā dānxīn qīzi kěnéng huì sǐ.

他担心妻子可能会死。

He worries that his wife might die.

他	tā	he or him
担心	dānxīn	to worry
妻子	qīzi	wife
可能	kěnéng	might (happen)
会	huì	will
死	sǐ	to die

11.

xīngfèn

兴奋

to be excited

Shōudào māma sòng de shèngdàn lǐwù, tā gǎndào xīngfèn jíle.

收到妈妈送的圣诞礼物，她感到兴奋极了。

When she received a Christmas gift from her mother, she felt extremely excited.

收到	shōudào	to receive
妈妈	māma	mother
送	sòng	to give (as a present)
的	de	used after an attribute
圣诞	Shèngdàn	Christmas
礼物	lǐwù	gift
她	tā	she
感到	gǎndào	to feel
兴奋	xīngfèn	to be excited
极了	jíle	extremely

12.

shāngxīn

伤心

to feel sad

Tīngdào fùqīn qùshì de xiāoxi, tā fēicháng shāngxīn.

听到父亲去世的消息，她非常伤心。

She got very sad when she heard the news that her father died.

听到	tīngdào	to hear
父亲	fùqīn	father
去世	qùshì	to pass away
的	de	used after an attribute
消息	xiāoxi	news
她	tā	she
非常	fēicháng	very
伤心	shāngxīn	to feel sad

13.

kāixīn

开心

to feel happy

Xiǎo nǚhái hěn kāixīn hé māma zài xuědì lǐ wán.

小女孩很开心和妈妈在雪地里玩。

The little girl is very happy to play in the snow with her mother.

小	xiǎo	young
女孩	nǚhái	girl
很	hěn	very
开心	kāixīn	to feel happy
和	hé	together with
妈妈	māma	mother

在	zài	(to be) in
雪地	xuědì	snowfield
里	lǐ	inside
玩	wán	to play

14.

jīngxǐ

惊喜

to be pleasantly surprised

Tā wèi shōudào nányǒu sòng de huā gǎndào shífēn jīngxǐ.

她为收到男友送的花感到十分惊喜。

She was very surprised to receive flowers from her boyfriend.

她	tā	she
为	wèi	because of
收到	shōudào	to receive
男友	nányǒu	boyfriend
送	sòng	to give (as a present)
的	de	used after an attribute
花	huā	flower
感到	gǎndào	to feel
十分	shífēn	very
惊喜	jīngxǐ	to be pleasantly surprised

15.

hèn

恨

to hate

Tā dǎxīnyǎnli hèn tā.

他打心眼里恨她。

He **hates** her with all his heart.

他 tā he or him

打心眼里 dǎxīnyǎnli from the bottom of one's heart

恨 hèn to hate

她 tā she

16.

chījīng

吃惊

to be shocked

Tīngdào zhège xiāoxi wǒ hěn chījīng.

听到这个消息我很吃惊。

I was **shocked** when I heard the news.

听到 tīngdào to hear

这个	zhège	this
消息	xiāoxi	news
我	wǒ	I
很	hěn	very
吃惊	chījīng	to be shocked

17.

jìdu

忌妒

to be jealous

Tóngshìmen dōu hěn jìdu tā shēngzhí le.

同事们都很忌妒她升职了。

Her colleagues were very jealous that she was promoted.

同事	tóngshì	colleague
们	men	plural marker for nouns referring to individuals
都	dōu	all
很	hěn	very
忌妒	jìdu	to be jealous
她	tā	she
升职	shēngzhí	to get promoted (at work, etc.)
了	le	completed action marker

18.

jǐnzhāng

紧张

nervous

Tā hé lǎobǎn shuōhuà shí zǒngshì hěn jǐnzhāng.

她和老板说话时总是很紧张。

She is always very nervous when she speaks to her boss.

她	tā	she
和	hé	with
老板	lǎobǎn	boss
说话	shuōhuà	to speak
时	shí	when
总是	zǒngshì	always
很	hěn	very
紧张	jǐnzhāng	nervous

19.

juéwàng

绝望

desperation

Gōngsī pòchǎn hòu, tā xiànrù le juéwàng.

公司破产后，他陷入了绝望。

He fell into **desperation** after his company went bankrupt.

公司	gōngsī	(business) company
破产	pòchǎn	to go bankrupt
后	hòu	after
他	tā	he or him
陷入	xiànrù	to sink into
了	le	completed action marker
绝望	juéwàng	desperation

20.

zìhào

自豪

proud (of one's achievements, etc.)

Huòdé bìyè zhèngshū shí, tāmen gǎndào shífèn **zìhào**.

获得毕业证书时，他们感到十分**自豪**。

They felt very **proud** when they received their diplomas.

获得	huòdé	to receive
毕业证书	bìyèzhèngshū	diploma
时	shí	when
他们	tāmen	they
感到	gǎndào	to feel

十分	shífēn	very
自豪	zìháo	proud (of one's achievements, etc.)

21.

yànfán

厌烦

to be sick of something

Tā bùduàn de láodao shēng ràng tā gǎndào hěn yànfán.

她不断的唠叨声让他感到很厌烦。

He was *sick of* her constant nagging.

她	tā	she
不断	bùduàn	constant
的	de	used after an attribute
唠叨	láodao	nagging
声	shēng	sound
让	ràng	to make sb (feel sad etc)
他	tā	he or him
感到	gǎndào	to feel
很	hěn	very
厌烦	yànfán	to be sick of something

22.

ài

爱

to love

Měiyī gè mǔqīn dōu ài zìjǐ de háizi.

每一个母亲都爱自己的孩子。

Every mother loves their kids.

每一	měiyī	every
个	gè	classifier for people
母亲	mǔqīn	mother
都	dōu	all
爱	ài	to love
自己	zìjǐ	one's own
的	de	~'s (possessive particle)
孩子	háizi	child

23.

qīdài

期待

to look forward to

Tā hěn qīdài jīn wǎn de yuēhuì.

她很期待今晚的约会。

She is looking forward to her date tonight.

她	tā	she
很	hěn	very
期待	qīdài	to look forward to
今晚	jīnwǎn	tonight
的	de	used after an attribute
约会	yuēhuì	date

24.

xiǎngniàn

想念

to miss

Tā zài xiǎngniàn tā de jiārén.

她在想念她的家人。

She misses her family.

她	tā	she
在	zài	indicating an action in progress
想念	xiǎngniàn	to miss
她	tā	she
的	de	~'s (possessive particle)
家人	jiārén	(one's) family

25.

gǎndòng

感动

to move or touch (somebody emotionally)

Tāmen zhījiān de ài gǎndòng le wǒ.

他们之间的爱感动了我。

I was moved by the love between them.

他们 tāmen they

之间 zhījiān between

的 de used after an attribute

爱 ài love

感动 gǎndòng to move or touch (somebody emotionally)

了 le completed action marker

我 wǒ me

26.

xīwàng

希望

to hope

Bàba xīwàng érzi zǎodiǎnr hǎoqǐlai.

爸爸希望儿子早点儿好起来。

The father hopes that his son will get well soon.

爸爸	bàba	(informal) father
希望	xīwàng	to hope
儿子	érzi	son
早点儿	zǎodiǎnr	as soon as possible
好起来	hǎoqǐlai	to get well

27.

nèijiù

内疚

guilty

Tā wèi zuówǎn dǎ le tā ér gǎndào nèijiù.

他为昨晚打了她而感到内疚。

He feels guilty that he beat her last night.

他	tā	he or him
为	wèi	for
昨晚	zuówǎn	last night
打	dǎ	to beat
了	le	completed action marker
她	tā	she
而	ér	and so
感到	gǎndào	to feel
内疚	nèijiù	guilty

28.

gāngà

尴尬

awkward

Tāmen tāolùn de huàtí ràng tā gǎndào hěn gāngà.

他们讨论的话题让她感到很尴尬。

She felt **awkward** by the topic of their talk.

他们	tāmen	they
讨论	tāolùn	to discuss
的	de	used after an attribute
话题	huàtí	topic
让	ràng	to make sb (feel sad, etc.)
她	tā	she
感到	gǎndào	to feel
很	hěn	very
尴尬	gāngà	awkward

29.

gǎnxìngqù

感兴趣

to be interested

Quán jiārén dōu duì tā de gùshi hěn gǎnxìngqù.

全家人都对她的故事很感兴趣。

The whole family is interested in her story.

全	quán	whole / entire
家人	jiārén	(one's) family
都	dōu	all
对	duì	towards
她	tā	she
的	de	~'s (possessive particle)
故事	gùshi	story
很	hěn	very
感兴趣	gǎnxìngqù	to be interested

30.

xiǎngyào

想要

to want to

Tā xiǎngyào yāoqǐng tā chī wǎnfàn.

他想要邀请她吃晚饭。

He wants to invite her to have dinner.

他	tā	he or him
---	----	-----------

想要	xiǎngyào	to want to
邀请	yāoqǐng	to invite
她	tā	she
吃	chī	to eat
晚饭	wǎnfàn	dinner

Conclusion

Gōngxǐ nǐ xué wán le jīntiān de kèchéng.

恭喜你学完了今天的课程。

Congratulation! You have finished today's lesson.

Zěnmeyàng?

怎么样?

How was it?

Kàn wán shìpín hòu,

看完视频后,

After watching this video,

Nǐ shì bùshì juéde néng gènghǎo de biǎodá zìjǐ de gǎnshòu le ne?

你是不是觉得能更好地表达自己的感受了呢?

do you feel that you can express your feelings and emotions a little better?

Rúguǒ shì dehuà, nà jiù qǐng cóng jīntiān xuéxí de cíhuì zhōng xuǎnzé yī gè,

如果是的话, 那就请从今天学习的词汇中选择一个,

If so, pick a word we learned today,

Ránhòu yòng tā liúyán xiě xià nǐ xiǎng biǎodá de gǎnshòu.

然后用它留言写下你想表达的感受。

and use it to express a feeling or emotion below.

Wǒ hěn qīdài kàndào nǐmen de liúyán o!

我很期待看到你们的留言哦!

I am looking forward to seeing your comments!

Zhège shìpín de PDF hé yīnpín wénjiàn kě zài

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wǒmen xià cì jiàn, bāibāi!

我们下次见, 拜拜!

See you next time!

