

Mandarin Corner

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00:00:00,000 --> 00:00:03,133

Dàjiā hǎo! Huānyíng lái dào Mandarin Corner

大家好! 欢迎来到Mandarin Corner

00:00:03,133 --> 00:00:05,833

Nà tóngshí yě huānyíng dàjiā lái dào wǒ de chúfáng

那同时也欢迎大家来到我的厨房

00:00:05,833 --> 00:00:10,066

Jīntiān ne, Eileen ne, yào gěi nǐmen zuò yīdào zhōngguó cài

今天呢, Eileen呢, 要给你们做一道中国菜

00:00:10,066 --> 00:00:13,033

Tóngshí dehuà nǐ yě kěyǐ xué dào zhōngwén

同时的话你也可以学到中文

00:00:13,033 --> 00:00:19,366
Nà jīntiān wǒ yào zuò de cài shì zhège chǎo zhège
那今天我要做的菜是这个炒这个

00:00:19,366 --> 00:00:22,300
Nà zhège shì xiānggān
那这个是香干

00:00:22,300 --> 00:00:27,066
Shì dòufu zuò chéng de, bǎ dòufu shài gān liǎo zhīhòu zuò chéng xiānggān
是豆腐做成的，把豆腐晒干了之后做成香干

00:00:28,033 --> 00:00:29,833
Zhège shì qīngjiāo
这个是青椒

00:00:32,000 --> 00:00:36,000
还要我要放的，每次比放的是生姜

00:00:36,433 --> 00:00:39,233
还有大蒜

00:00:40,233 --> 00:00:43,866
Nà yīnwèi wǒ shì jiāngxī rén, jiāngxī rén ne shì xǐhuān chī là de
那因为我是江西人，江西人呢是喜欢吃辣的

00:00:43,866 --> 00:00:48,000
Suǒyǐ wǒ yīdìng yào fàng yīgè xiǎomǐ jiāo, xiǎo jiān jiāo
所以我一定要放一个小米椒，小尖椒

00:00:49,366 --> 00:00:52,800
Zuìhòu ne, yīdìng yào fàng de jiùshì zhūròu la
最后呢，一定要放的就是猪肉啦

00:00:53,400 --> 00:00:55,300

Suīrán wǒ bùshì hěn xǐhuān chī ròu,
虽然我不是很喜欢吃肉,



00:00:55,300 --> 00:00:59,366
Dànshì dehuà, měi yīdào cài lǐmiàn dōu yào fàng yī diǎndiǎn ròu
但是呢话, 每一道菜里面都要放一点点肉

00:00:59,366 --> 00:01:02,700
Zhèyàng zi dehuà, cài huì bǐjiào xiān, xiānměi
这样的话, 菜会比较鲜, 鲜美

00:01:03,800 --> 00:01:09,833
Nà xiànzài dehuà, wǒ yào kāishǐ bǎ qīngjiāo de zhège tóu gěi qùdiào
那现在的话, 我要开始把青椒的这个头给去掉

00:01:13,033 --> 00:01:13,733
Hǎole!
好了!

00:01:18,833 --> 00:01:21,066
Nà xiànzài yào bǎ tā xǐ yīxià
那现在要把它洗一下

00:01:29,900 --> 00:01:33,666
Zhè shì wǒ mǎi de wǔcǎi pén, xiàng  cǎihóng ma?
这是我买的五彩盆, 像  彩虹吗?

00:01:40,566 --> 00:01:43,666
Ránhòu wǒ yào xǐ yīxià xiānggān
然后我要洗一下香干

00:01:48,400 --> 00:01:50,933
Liǎng piàn xiānggān gēn liǎng gè qīngjiāo
两片香干跟两个青椒

00:01:51,866 --> 00:01:53,100

Yīgè xiǎomǐ jiāo

一个小米椒

00:02:02,700 --> 00:02:05,833

Yīgè xiǎomǐ jiāo yī diǎndiǎn, liǎng bàn dàsuàn jiù hǎole

一点点，两瓣大蒜就好了

00:02:08,566 --> 00:02:09,200

Děng yīxià ~

等一下~

00:02:17,600 --> 00:02:21,033

Ránhòu, zhème duō shēngjiāng jiù kěyǐle

然后，这么多生姜就可以了

00:02:25,133 --> 00:02:28,000

Zhège bù tài hǎo bō, wǒ jiào nǐmen yīgè miào zhāo

这个不太好剥，我教你们一个妙招

00:02:28,566 --> 00:02:29,400

Děng wǒ yīxià ~

等我一下~

00:02:35,766 --> 00:02:39,000

Xǐ yīxià wǒ de zàng zhēnbǎn

洗一下我的脏砧板

00:02:43,200 --> 00:02:44,300

Càidāo!

菜刀!

00:02:52,400 --> 00:02:56,000

Hǎole, kàn qīngchǔle, zhè shì wǒ jiào gěi nǐmen de miào zhāo

好了，看清楚了，这是我教给你们的妙招

00:02:56,000 --> 00:02:58,200
Hēhē ~ wǒ yào kāishǐ pāi dàsuànle
呵呵~ 我要开始拍大蒜了

00:02:58,600 --> 00:03:04,000
Hǎo, yīgè, liǎng gè, sān gè!
好，一个，两个，三个！

00:03:05,400 --> 00:03:06,066
Shì bùshì hěn shuǎng a!
是不是很爽啊！

00:03:07,766 --> 00:03:10,066
Fǎnzhèng wǒ pāi dàsuàn de shíhòu wǒ dū juéde hǎo shuǎng
反正我拍大蒜的时候我都觉得好爽

00:03:12,000 --> 00:03:14,566
Tèbié shì rúguǒ nǐ bǎ tā xiǎngxiàng chéng
特别是如果你把它想象成

00:03:15,066 --> 00:03:16,800
Kěwù de jiānkǎo lǎoshī
可恶的监考老师

00:03:17,233 --> 00:03:19,133
Huòzhě shì kěwù de lǎobǎn
或者是可恶的老板

00:03:19,133 --> 00:03:23,866
Ránhòu nǐ bǎ tā nàme yī pāi, xīnqíng wúbǐ de shuǎng, duì ba?!
然后你把它那么一拍，心情无比地爽，对吧？！

00:03:27,166 --> 00:03:31,433
A ~ ránhòu zhège ne (dà) shēngjiāng dehuà
啊~ 然后这个呢（大）生姜的话

00:03:32,566 --> 00:03:35,100

Wǒ juéde yòng zhǐjiǎ bǎ zhège pí kòu diào jiù hǎole
我觉得用指甲把这个皮扣掉就好了

00:03:35,833 --> 00:03:41,866

Bùguò wǒ bù tài xǐhuān bǎ pí qùdiào, suǒyǐ jiù suíbiàn xǐ, gǎodìng!
不过我不太喜欢把皮去掉，所以就随便洗，搞定！

00:03:46,133 --> 00:03:50,500

Shēngjiāng wǒ shì yào bǎ tā qiè chéng (ēn) piàn
生姜我是要把它切成（嗯）片

00:03:50,500 --> 00:03:52,566

Ránhòu zài qiè chéng sī
然后再切成丝

00:03:58,533 --> 00:03:59,800

Zhège jiùshì sī
这个就是丝

00:03:59,800 --> 00:04:02,900

Ránhòu zài bǎ tā qiè chéng mò
然后再把它切成末

00:04:10,900 --> 00:04:13,600

Zuìhòu bǎ dàsuàn qiē suì
最后把大蒜切碎

00:04:19,066 --> 00:04:21,900

Shèng pán lǐmiàn bèiyòng
盛盘里面备用

00:04:24,266 --> 00:04:26,500

Wǒ de xiǎomǐ jiāo, wǒ de zuì ài!
我的小米椒，我的最爱！

00:04:33,900 --> 00:04:34,733

Qīngjiāo

青椒

00:04:37,400 --> 00:04:41,266

Rúguǒ nǐ bù xǐhuān chī là dehuà, nǐ kěyǐ bǎ zhège zǐ bō diào

如果你不喜欢吃辣的话，你可以把这个籽剥掉

00:04:42,333 --> 00:04:43,766

Tā jiù bù huì nàme làle

它就不会那么辣了

00:04:50,500 --> 00:04:52,000

Nà wǒ kěyǐ bǎ tā qiè xiǎo yīdiǎn

那我可以把它切小一点

00:04:52,233 --> 00:04:54,133

Huòzhě qiè chéng nǐ xiǎng yào de xíngzhuàng

或者切成你想要的形状

00:05:10,100 --> 00:05:13,400

Wǒ měi cì zuò fàn wǒ dōu huì juéde xīnqíng hǎohǎo

我每次做饭我都会觉得心情好好

00:05:13,400 --> 00:05:15,133

😊 ... Zhīdào wèishéme ma?

😊。。。知道为什么吗？

00:05:15,700 --> 00:05:20,666

Yīnwèi zìjǐ mǎi cài zuò dehuà huì bǐjiào piányí

因为自己买菜做的话会比较便宜

00:05:20,666 --> 00:05:23,466

Zhèyàng dehuà, nǐ kěyǐ shěng xià hǎoduō qián 💰 !

这样的话，你可以省下好多钱 💰 !

00:05:24,066 --> 00:05:28,900

Ránhòu zuì zhòngyào de shì zìjǐ zuò fàn huì bǐjiào jiànkāng
然后最重要的是自己做饭会比较健康

00:05:28,900 --> 00:05:34,066

Yīnwèi nǐ zhīdào zài zhōngguó, a! Chàdiǎn bǎshǒu gěi cut diào!
因为你知道在中国，啊！差点把手给cut掉！

00:05:34,066 --> 00:05:38,300

Zài zhōngguó, yǒu dìgōu yóu a!
在中国，有地沟油啊！

00:05:39,133 --> 00:05:41,366

Ránhòu nóngyào.
然后农药。

00:05:41,366 --> 00:05:42,700

然后农药。

00:05:42,700 --> 00:05:44,333

Fǎnzhèng jiùshì hěn bù gānjìng
反正就是很不干净

00:05:44,333 --> 00:05:47,400

Yīnwèi zài wàimiàn chī shūcài nǐ yě huì juéde bù fàngxīn
因为在外边吃蔬菜你也会觉得不放心

00:05:47,400 --> 00:05:51,866

Zhūròu dehuà, nǐ zhīdào ma? Qíshí zhūròu yě hěn bù ānquán
猪肉的话，你知道吗？其实猪肉也很不安全

00:05:52,233 --> 00:05:54,166

Yīnwèi yǒu hěnduō bùfǎ shāngfàn
因为有很多不法商贩

00:05:55,000 --> 00:05:56,033

shāngfàn

商贩

00:05:56,033 --> 00:06:02,166

Tā huì bǎ shuǐ zhù zài zhū lǐmiàn, zhèyàng zi dehuà, zhūròu huì zhòng
他会把水注在猪里面，这样的话，猪肉会重

00:06:02,733 --> 00:06:06,033

Nà dāngránle, zhège zhūròu shì bù hào chī de, bìngqiě yě bù xīnxiān
那当然了，这个猪肉是不好吃的，并且也不新鲜

00:06:06,433 --> 00:06:08,533

Suǒyǐ zài zhōngguó mǎi zhūròu yào dāngxīn ó!
所以在中国买猪肉要当心哦！

00:06:09,533 --> 00:06:11,366

Suǒyǐ wǒ hái shì jiànyì dàjiā zìjǐ zuò fàn
所以我还是建议大家自己做饭

00:06:19,133 --> 00:06:21,233

Zhǐyào bǎ tā qiè chéng zhèyàng jiù kěyǐ le
只要把它切成这样就可以了

00:06:22,700 --> 00:06:23,966

Zhuāng qǐ lái

装起来

00:06:25,933 --> 00:06:30,466

Hǎo le, zuì hòu zhòngtóu xì shì wǒ de xiānggān
好了，最后重头戏是我的香干

00:06:31,133 --> 00:06:33,400

Xiānggān dehuà hěn hǎo qiè,
香干的话很好切，

00:06:33,400 --> 00:06:37,666

nǐ zhǐ xūyào xiàng zhèyàng zi bǎ tā qiè chéng báo báo de piàn jiù hǎole
你只需要像这样子把它切成薄薄的片就好了

00:06:40,000 --> 00:06:47,133

Yī! Èr! Sān! Duìle xiàng zhèyàng zi jiù duìle
一! 二! 三! 对了像这样子就对了

00:06:57,433 --> 00:06:58,466

Hǎole ~
好了~

00:06:59,366 --> 00:07:00,466

Hái yǒu yīkuài
还有一块

00:07:16,000 --> 00:07:17,266

Làjiāo 🌶️ a hǎo là!
辣椒🌶️好辣!

00:07:19,433 --> 00:07:20,700

Zhège zhūròu ~
这个猪肉~

00:07:23,000 --> 00:07:24,700

wǒ juéde zhǎng dé hǎo chǒu ó!
我觉得长得好丑哦!

00:07:25,533 --> 00:07:26,800

Wǒ bù xǐhuān chī chòu de dōngxi,
我不喜欢吃丑的东西,

00:07:26,800 --> 00:07:28,900

suǒyǐ bù xǐhuān chī zhūròu, yīnwèi tā zhǎng dé hǎo chǒu!
所以不喜欢吃猪肉, 因为它长得好丑!

00:07:29,500 --> 00:07:30,600

Dàjiā juéde chǒu ma?

大家觉得丑吗？

00:07:31,400 --> 00:07:32,600

Wǒ juéde hěn chǒu ai!

我觉得很丑唉！

00:07:33,433 --> 00:07:36,366

Aiyō, dànshì wǒ yòu bùdé bù chī a!

哎哟，但是我又不得不吃啊！

00:07:37,666 --> 00:07:41,500

Nǐ kàn tā lǐmiàn hái yǒu xuè!!! A ~

你看它里面还有血!!! 啊~

00:07:42,766 --> 00:07:44,566

Suǒyǐ wǒ zhǐyào zhè yīkuài jiù hǎole

所以我只要这一块就好了

00:07:50,200 --> 00:07:54,033

Wǒ yīdìng huì bǎ zhūròu xǐ dé hěn gānjìng, yīnwèi wǒ bù xǐhuān kàn nàgè xuè

我一定会把猪肉洗得很干净，因为我不喜欢看那个血

00:07:55,800 --> 00:08:00,833

Ránhòu nǐ xiàng wǒ zhèyàng zi bǎ tā gěi qiè chéng yīpiàn yīpiàn de jiù hǎole

然后你像我这样子把它给切成一片一片的就好了

00:08:01,966 --> 00:08:02,800

Zhèyàng zi ~

这样子~

00:08:04,300 --> 00:08:06,266

Kàn dào le ma? Hěn jiǎndān de.

看到了吗？很简单的。

00:08:11,133 --> 00:08:15,133

(Wǒ shì bù shì qiè dé hěn kuài a?!) 😊😊

(我是不是切得很快啊? !) 😊😊

00:08:24,933 --> 00:08:26,033

(Gǎo) dìng gē

(搞) 定咯

00:08:31,866 --> 00:08:34,700

Wǒ yǒu yī diǎndiǎn jié pǐ

我有一点点洁癖

00:08:35,266 --> 00:08:39,133

Suǒyǐ ~ a, bù hǎoyìsi!(Làjiāo tài là!)

所以~ 啊, 不好意思! (辣椒太辣!)

00:08:39,133 --> 00:08:40,166

Tài làle!

太辣了!

00:08:42,233 --> 00:08:45,766

Suǒyǐ měi yīcì wǒ yīdìng huì bǎ suǒyǒu de dōngxī xǐ dé hěn gānjìng

所以每一次我一定会把所有的东西洗得很干净

00:08:46,766 --> 00:08:48,800

Bùrán wǒ huì juéde hěn bú shūfú

不然我会觉得很不舒服

00:09:09,366 --> 00:09:11,133

Mǎshàng yào kāishǐ chǎocài le

马上要开始炒菜了

00:09:12,700 --> 00:09:13,800

Dàjiā kàn qīngchǔ lo

大家看清楚咯

00:09:15,066 --> 00:09:19,133

Děng nǐ bǎ suǒyǒu de cáiliào dōu xiàng wǒ zhèyàng zhǔnbèi hǎo de shíhòu
等你把所有的材料都像我这样准备好的时候

00:09:20,000 --> 00:09:23,133

Wǒmen jiù yào kāishǐ chǎocài la
我们就要开始炒菜啦

00:09:26,333 --> 00:09:29,266

Píngdǐ guō, nǐ yě kěyǐ yòng bùtóng de guō lái chǎo
平底锅，你也可以用不同的锅来炒

00:09:32,433 --> 00:09:36,166

Wǒ xuǎnzé de lǜsè de, yīnwèi wǒ hěn xǐhuān lǜsè
我选择的绿色的，因为我很喜欢绿色

00:09:36,166 --> 00:09:38,633

Wǒ juéde lǜsè bǐjiào huánbǎo ma
我觉得绿色比较环保嘛

00:09:39,600 --> 00:09:45,100

Hǎo, ó, duìle! Wǒ shì yòng diàncílú, wǒ shì yòng diàncílú zuò fàn de
好，哦，对了！我是用电磁炉，我是用电磁炉做饭的

00:09:45,100 --> 00:09:47,133

Yīnwèi wǒ bǐjiào pà méiqì
因为我比较怕煤气

00:09:47,133 --> 00:09:50,600

Huì bù ānquán, diàncílú kěnéng huì bǐjiào ānquán yīdiǎn
会不安全，电磁炉可能会比较安全一点

00:09:51,600 --> 00:09:52,100

Chǎocài

炒菜

00:10:04,666 --> 00:10:06,966

Xūyào bǎ (shuǐ) lǐmiàn de shuǐ gěi nòng gàn

需要把（水）里面的水给弄干

00:10:06,966 --> 00:10:10,066

Bùrán dāng nǐ dào yóu de shíhòu, tā huì tiào qǐlái

不然当你倒油的时候，它会跳起来

00:10:11,433 --> 00:10:13,066

Kěnéng huì shāng dào nǐ de shǒu

可能会伤到你的手

00:10:22,133 --> 00:10:24,433

Kàn yī kàn lǐmiàn de shuǐ yǐjīng kuài gān le

看一看里面的水已经快干了

00:10:26,666 --> 00:10:31,133

Huòzhě nǐ yě kěyǐ zhíjiē ná yī zhāng chúfáng yòng zhǐ bǎ tā cā gān, zhèyàng yě kěyǐ

或者你也可以直接拿一张厨房用纸把它擦干，这样也可以

00:10:33,666 --> 00:10:36,466

Zhège shì tiáohé yóu

这个是调和油

00:10:37,633 --> 00:10:39,133

Wǒ xiànzài fàng yī diǎndiǎn yóu

我现在放一点点油

00:10:39,966 --> 00:10:42,200

jiù zhème duō, wǒmen zài duō yī diǎn

就这么多，我们再多一点

00:10:51,133 --> 00:10:56,133

Wǒmen shǒuxiān bǎ (xiāng) qiè hǎo piàn de xiānggān fàng jìn guō lǐ zhà yīxià

首先把（香）切好片的香干放进锅里炸一下

00:10:56,533 --> 00:10:57,733

Zhèyàng cái huì gèng xiāng

这样才会更香

00:11:02,400 --> 00:11:03,700

Xiǎoxīn tàng dào shǒu 🙌

小心烫到手🙌

00:11:30,600 --> 00:11:33,266

Wǒ shì bùshì kàn qǐ lái hěn xiàng xián qī liáng mǔ?

我是不是看起来很像贤妻良母？

00:11:34,133 --> 00:11:35,133

Měi yī cì, a ~

每一次，啊~

00:11:35,666 --> 00:11:37,900

Wǒ de tóng xué kàn jiàn wǒ zuò fàn gěi tā chī

我的同学看见我做饭给她吃

00:11:37,900 --> 00:11:42,100

Tā dū huì shuō: "Rú guǒ tā shì nán shēng de huà, tā yī dìng huì qǐ wǒ de."

她都会说：“如果她是男生的话，她一定会娶我的。”

00:11:54,500 --> 00:11:56,000

Yào zhà yī huì huì

要炸一会会

00:11:56,000 --> 00:11:59,533

Yào bǎ tā (zhà), bǎ zhè ge xiāng gān zhà chéng,

要把它（炸），把这个香干炸成，

00:11:59,533 --> 00:12:05,433

Yīnggāi shuō jiān chéng yǒu yī diǎndiǎn yìng yìng de cái kěyǐ
应该说煎成有一点点硬硬的才可以

00:12:36,066 --> 00:12:37,100
Bǐjiào jiǔ ó ~
比较久哦~

00:12:52,733 --> 00:12:54,433
A ~ nǐ zài fàng yī diǎndiǎn yán
啊~ 你再放一点点盐

00:12:54,433 --> 00:12:56,366
Zhèyàng zi tā huì bǐjiào rùwèi
这样子它会比较入味

00:13:04,933 --> 00:13:06,000
Chàbùduōle
差不多了

00:13:11,566 --> 00:13:12,433
Hǎole, guān huǒ
好了，关火

00:13:14,866 --> 00:13:17,000
Nà wǒmen xiànzài jiù bǎ tā gěi shèng qǐlái
那我们现在就把它给盛起来

00:13:20,600 --> 00:13:22,333
Yóu jiù liú zài guō lǐmiàn
油就留在锅里面

00:13:22,333 --> 00:13:24,333
Děng yīxià kěyǐ chǎo lìngwài yīdào cài
等一下可以炒另外一道菜

00:13:24,766 --> 00:13:28,466

Duìle! Jiùshì zuò chéng zhèyàngzi, zhà chéng liǎngmiàn jīnhuáng de yàng zi
对了！就是做成这样子，炸成两面金黄的样子

00:13:44,033 --> 00:13:47,133
Shèng xià de yóu kěyǐ yòng lái chǎo zhèxiē pèiliào
剩下的油可以用来炒这些配料

00:13:47,133 --> 00:13:50,766
Wǒmen xiān bǎ làjiāo hé shēngjiāng hái yǒu dàsuàn fàng jìn guō lǐ miàn
我们先把辣椒跟生姜还有大蒜放进锅里

00:13:51,266 --> 00:13:51,766
Bào chǎo
爆炒

00:14:01,266 --> 00:14:03,866
Bào chū xiāngwèi hòu fàng xià zhū ròu
爆出香味后放下猪肉

00:14:06,633 --> 00:14:08,033
Xiāngwèi yǐ jīng chū lái le
香味已经出来了

00:14:11,133 --> 00:14:12,966
Ránhòu fàng yī diǎndiǎn jiàng yóu
然后放一点点酱油

00:14:36,533 --> 00:14:37,600
(Tīng bù qīng)
(听不清)

00:14:37,600 --> 00:14:40,300
Chǎo shú hòu, bǎ qīngjiāo dào xià qù
炒熟后，把青椒倒下去

00:14:44,366 --> 00:14:44,866

Yǒudiǎn là!
有点辣!

00:14:53,066 --> 00:14:55,133
Here comes the disaster!

00:14:55,133 --> 00:14:59,133
We didn't think expect that!

00:15:04,533 --> 00:15:05,133
Hǎo là a!
好辣啊!

00:15:06,700 --> 00:15:07,866
Kuài bèi là sǐle
快被辣死了

00:15:21,133 --> 00:15:22,333
Wǒ méi xiǎngdào zhème là! 🤔🤔
我没想到这么辣! 🤔🤔

00:15:26,566 --> 00:15:29,400
😊! Bù hǎoyìsi
😊! 不好意思

00:15:29,400 --> 00:15:32,500
Gānggāng, yīnwèi wǒ méiyǒu chōuyān jī, suǒyǐ,
刚刚，因为我没有抽烟机，所以，

00:15:33,033 --> 00:15:36,633
Zhège làjiāo hěn là, bǎ wǒ qiāng dé kuài bùxíngle
这个辣椒很辣，把我呛得快不行了

00:15:36,633 --> 00:15:38,833
Hǎole, wǒ mǎshàng jiù yào wánchéngle!
好了，我马上就要玩完了!

好了，我马上就要完成了！

00:15:39,800 --> 00:15:40,500

Bùyào xiào ó!

不要笑哦！

00:15:41,500 --> 00:15:45,500

Zuìhòu yībù, bǎ zhège fàng jìn guō lǐ chǎo jí kěle

最后一步，把这个放进锅里炒即可了

00:15:50,266 --> 00:15:51,833

Ránhòu zài fàng yīdiǎn yán!(Yǐjīng fàngguò liǎng cìle!😓😓)

然后再放一点盐！（已经放过两次了！😓😓）

00:15:54,400 --> 00:15:56,100

Děng! Hǎole

deng! 好了

00:16:11,233 --> 00:16:13,166

Hǎole, xiànzài jiù kěyǐ shèng qǐláile

好了，现在就可以盛起来了

00:16:21,400 --> 00:16:23,600

Zhè jiùshì zhōngguó de cài la

这就是中国的菜啦

00:16:26,666 --> 00:16:27,700

Gǎodìng!

搞定！

00:16:28,233 --> 00:16:32,400

Nà zhèyàng yī pén làjiāo chǎo dòu gān jiù wánchéngle

那这样一盆辣椒炒豆干就完成了

00:16:32,400 --> 00:16:38,066

Nǐ kàn, lǐmiàn yǒu hóngsè, lǜsè báisè, hái yǒu, hái yǒu shé me yánsè?
你看，里面有红色，绿色白色，还有，还有什么颜色？

00:16:38,066 --> 00:16:39,666

Zhūròu sè! 🐷

猪肉色! 🐷

00:16:39,666 --> 00:16:45,566

Ok! Hǎole, dàjiā shì bùshì kàn dào zhège jiù èle? Hāhā (háishì hǎo là!)
ok! 好了，大家是不是看到这个就饿了？哈哈（还是好辣！）

00:16:46,833 --> 00:16:50,833

Hǎo la ~ bù hǎoyìsi, zhēn de hěn là, bǎ wǒ gěi qiāng dé bùxíngle
好辣~ 不好意思，真的很辣，把我给呛得不行了

00:16:50,833 --> 00:16:52,566

Hǎole, wǒ gāi qù chīfànle
好了，我该去吃饭了

00:16:52,566 --> 00:16:57,733

Nà xīwàng xià yīcì wǒ néng jiào nǐ gèng duō de zhōngguó cài de zuòfǎ
那希望下一次我能教你更多的中国菜的做法

00:16:58,266 --> 00:17:03,433

Nà jīntiān yīn wéi shì dì yī cì, suīrán chūxiàn yīdiǎn xiǎo chāqǔ
那今天因为是第一次，虽然出现一点小插曲

00:17:03,433 --> 00:17:05,366

Dànshì dàjiā bù yào xiào wǒ hǎo ma?
但是大家不要笑我好吗？

00:17:05,366 --> 00:17:08,100

Gěi wǒ yī diǎndiǎn zhīchí, gěi wǒ diǎn gè zàn 👍 ba!

给我一点点支持，给我点个赞👍吧！

00:17:08,100 --> 00:17:12,533

Ránhòu jìdé yào guānzhù wǒmen de píndào, dìngyuè wǒmen de píndào
然后记得要关注我们的频道，订阅我们的频道

00:17:12,533 --> 00:17:17,433

Bùrán dehuà, xià cì nǐ jiù kàn bù dào wǒ zài gěi nǐ zuò cài lo
不然的话，下次你就看不到我再给你做菜咯

00:17:17,433 --> 00:17:19,666

Bàibài 🙌

拜拜 🙌

00:17:27,033 --> 00:17:29,233

Zhège shì wǒ gānggāng rēng diào de yīkuài ròu
这个是我刚刚扔掉的一块肉

00:17:29,233 --> 00:17:34,033

Yīnwèi lǐmiàn yǒu, a! Lǐmiàn yǒuyī gēn xiěguǎn! Nǐ kàn, a ~
因为里面有，啊！里面有一根血管！你看，啊~

00:17:34,833 --> 00:17:36,700

Wǒ bùxiǎng yào le, wǒ xiǎng bǎ tā rēng diào āi!
我不想要了，我想把它扔掉唉！

00:17:36,700 --> 00:17:39,000

Nǐ kàn! Zhège zhēn de hěn ěxīn, nǐ yǒu méiyǒu fāxiàn?
你看！这个真的很恶心，你有没有发现？

00:17:39,000 --> 00:17:42,900

Zhēnxīn de hěn ěxīn!
真心的很恶心！

00:17:46,033 --> 00:17:47,866

Bàibài! Oh, no!

拜拜！ Oh, no!

00:17:48,766 --> 00:17:51,600

Wǒ yīnggāi bǎ tā qiè diào yīdiǎn, zhèyàng jiù bù làngfèi ma
我应该把它切掉一点，这样就不浪费嘛

00:17:51,600 --> 00:17:52,866

Yīnwèi wǒ xiànzài bǐjiào qióng!
因为我现在比较穷！

00:17:53,566 --> 00:17:55,300

Suǒyǐ wǒ hái shì shěng yīdiǎn
所以我还是省一点

00:17:56,266 --> 00:18:01,100

Hǎole, wǒ jiù bǎ tā zhuāng jìn (hézi lǐ), a! Tài ǎxīnle!
好了，我就把它装进（盒子里），啊！太恶心了！

00:18:01,100 --> 00:18:04,866

Zhēn de shì tài chǒule! Méi jiànguò zhème chǒu de zhūròu!
真的是太丑了！没见过这么丑的猪肉！

00:18:04,866 --> 00:18:06,166

Tài bù hǎoyìsile ~
太不好意思了~

00:18:08,900 --> 00:18:11,633

A! Bàibài! Bào!
啊！拜拜！拜！